

# DISEASE-MODIFYING THERAPIES FOR MS



**National  
Multiple Sclerosis  
Society**

Updated April 2021. Please visit [nationalMSSociety.org/DMT](https://nationalMSSociety.org/DMT) for the most current version of this publication.

Although a cure for MS has not yet been discovered, a number of medications (also called disease modifying therapies, or DMTs) have been approved to treat MS. **Permanent damage** to the central nervous system (or CNS, which is made up of the brain, spinal cord and optic nerves) can occur early in the disease, even when a person has no symptoms and feels well. Early and ongoing treatment with DMTs may help prevent permanent damage in the CNS. Research has demonstrated the DMTs for **relapsing forms** of MS reduce the frequency and severity of MS **relapses**, reduce the development of new areas of damage in the CNS and slow the accumulation of disability. Disease modifying therapies don't generally improve everyday symptoms. Many **symptoms** of MS can be managed using other types of medications and non-medication strategies. Combining DMT use, symptom management and a **healthy lifestyle** is the optimal strategy for managing MS.

## Working with your healthcare provider to find the best choice for you

The decision to take a DMT should be a shared decision made jointly between you and your healthcare provider. Each person's body or disease can respond to DMTs differently, and the DMT that is the best option for one person may not be the best for another person. In addition, a DMT that adequately controls your disease today may not do so in the future and you may need to change to a different DMT. Also make sure your provider knows what other health conditions and medications (including vitamins and supplements) you take as that can affect which DMTs are safe for you.

## Help with DMT costs

Learn more about patient assistance programs to help with the cost of each DMT at [nationalMSSociety.org/assistanceprograms](https://nationalMSSociety.org/assistanceprograms). For additional information, connect to an MS Navigator at 1-800-344-4867 or [contactus@nmss.org](mailto:contactus@nmss.org).

## Understanding US Food and Drug Administration (FDA) warnings

The chart below summarizes the side effects, warnings and precautions listed for each DMT in the FDA required prescribing information. In some instances, a warning is printed in a black box in the prescribing information to call attention to serious or life-threatening risks. All black box warnings are in **bold** font in the column outlining the 'Side effects and warnings' in the chart.

Each DMT can cause a serious allergic reaction and some make it unsafe for you to receive certain vaccines while you're taking them. Prior to starting any DMT, talk with your healthcare provider about any vaccines you should get or have recently received. Each DMT requires some safety monitoring. Talk with your healthcare provider about the monitoring that is required for the DMT you are taking and be consistent with it.

None of the DMTs are approved by the FDA for women who are pregnant or plan to become pregnant, or who are breastfeeding. It is important for women to discuss their plans for pregnancy with their healthcare provider so that they can decide together the best and safest treatment plan.

## Important information

### Injectable treatments

<b>Treatment (chemical name)</b>  <b>Manufacturer</b>  <b>FDA indications</b>	<b>Dose/Route of Administration</b>  <b>Pregnancy, family planning &amp; breastfeeding</b>	<b>Side effects and warnings (black box warnings are noted in bold)</b>
<p><b>Avonex®</b> (interferon beta-1a)</p> <p>Biogen</p> <p>Approval: 1996 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>30 mcg intramuscular (into a large muscle) injection once weekly</p> <p>Pregnancy: Data do not suggest a clear relationship between use and major congenital malformations, but may cause fetal harm based on animal data</p>	<p>Most common side effects: headache, flu-like symptoms (chills, fever, muscle pain, fatigue weakness), injection site pain and inflammation</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Depression, suicidal thoughts, hallucinations or other behavioral health problems</li> <li>• Liver problems, or worsening of liver problems including liver failure and death</li> <li>• Heart problems, including heart failure</li> <li>• Blood problems, including low red and white blood cell and platelet counts</li> <li>• Injury to small blood vessels, red blood cells and platelets (thrombotic microangiopathy), sometimes leading to death</li> <li>• Autoimmune diseases—easy bleeding or bruising, thyroid gland problems and autoimmune hepatitis</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication</p>

## Injectable treatments

<p><b>Treatment (chemical name)</b></p> <p><b>Manufacturer</b></p> <p><b>FDA indications</b></p>	<p><b>Dose/Route of Administration</b></p> <p><b>Pregnancy, family planning &amp; breastfeeding</b></p>	<p><b>Side effects and warnings (black box warnings are noted in bold)</b></p>
<p><b>Betaseron®</b> (interferon beta-1b)</p> <p>Bayer Healthcare Pharmaceuticals Inc.</p> <p>Approval for RRMS: 1993 US; 1995 CAN Approval for SPMS: 1995 CAN for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>0.25 mg subcutaneous (under the skin) injection every other day</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: flu-like symptoms (chills, fever, muscle pain, fatigue, weakness) following injection, headache, injection site reactions (swelling redness, pain), injection site skin breakdown, low white blood cell count, insomnia, abdominal pain, increased liver enzymes</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Liver problems including liver failure</li> <li>• Depression or suicidal thoughts</li> <li>• Heart problems or worsening heart problems</li> <li>• Injury to small blood vessels, red blood cells and platelets (thrombotic microangiopathy), sometimes leading to death</li> <li>• Lupus erythematosus, an autoimmune disease</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Copaxone®</b> (glatiramer acetate)</p> <p>Teva Neuroscience</p> <p>Approval: 1996 US; 1997 CAN</p> <p><b>Therapeutic equivalent to Copaxone: Glatiramer Acetate</b></p> <p>Mylan Pharmaceuticals Approval: 2017 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>20 mg subcutaneous (under the skin) injection every day, or 40 mg subcutaneous injection three times per week</p> <p>Pregnancy: Available human data are not sufficient to support conclusions about drug-associated risk for major birth defects and miscarriage</p>	<p>Most common side effects: injection site reactions (redness, pain, swelling), flushing, shortness of breath, rash, chest pain</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Damage to the fatty tissue under the skin (lipoatrophy) and, rarely, death of skin tissue (necrosis)</li> <li>• Liver problems</li> </ul> <p>Read the Copaxone <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p> <p>Read the Mylan glatiramer acetate <b>medication guide</b> for 20 mg and the <b>medication guide</b> for 40 mg.</p>

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<p><b>Extavia®</b> (interferon beta-1b)</p> <p>Novartis Pharmaceuticals</p> <p>Approval: 2009 US; 2009 CAN, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>0.25 mg subcutaneous (under the skin) injection every other day</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: flu-like symptoms (chills, fever, muscle pain, fatigue, weakness) following injection, headache, injection site reactions (swelling redness, pain), injection site skin breakdown, low white blood cell count, insomnia, abdominal pain, increased liver enzymes</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Liver problems including liver failure</li> <li>• Depression or suicidal thoughts</li> <li>• Injury to small blood vessels, red blood cells and platelets (thrombotic microangiopathy), sometimes leading to death</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Glatopa®</b> (glatiramer acetate, generic equivalent of Copaxone)</p> <p>Sandoz – a Novartis company</p> <p>Approval: 2015 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>20 mg subcutaneous (under the skin) injection every day, or 40 mg subcutaneous injection three times per week</p> <p>Pregnancy: Available human data are not sufficient to support conclusions about drug-associated risk for major birth defects and miscarriage</p>	<p>Most common side effects: Injection site reactions (redness, pain, swelling), flushing, shortness of breath, rash, chest pain</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Damage to the fatty tissue under the skin (lipoatrophy) and, rarely, death of skin tissue (necrosis)</li> <li>• Liver problems</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Injectable treatments

<p><b>Treatment (chemical name)</b></p> <p><b>Manufacturer</b></p> <p><b>FDA indications</b></p>	<p><b>Dose/Route of Administration</b></p> <p><b>Pregnancy, family planning &amp; breastfeeding</b></p>	<p><b>Side effects and warnings (black box warnings are noted in bold)</b></p>
<p><b>Kesimpta®</b> (ofatumumab)</p> <p>Novartis</p> <p>Approval: 2020 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>20 mg subcutaneous (under the skin) injection at week 0, 1 and 2 followed by 20 mg once monthly starting at week 4</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Upper respiratory tract infection, headache, injection-related and injection-site reactions</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Hepatitis B virus (HBV) reactivation</li> <li>• Infections</li> <li>• A decrease in some types of antibodies (immunoglobulins)</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Plegridy®</b> (pegylated interferonbeta-1a)</p> <p>Biogen</p> <p>Approval: 2014 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>63 mcg subcutaneous (under the skin) or intramuscular (into a large muscle) injection on day 1, 94 mcg on day 15, and 125 mcg on day 29 and every 14 days thereafter</p> <p>Pregnancy: Data do not suggest a clear relationship between use and major congenital malformations, but may cause fetal harm based on animal data.</p>	<p>Most common side effects: Flu-like symptoms (chills, fever, muscle pain, fatigue, weakness, headache, itching), injection site reactions (swelling, redness, pain)</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Liver problems or worsening of liver problems, including liver failure and death</li> <li>• Depression or suicidal thoughts</li> <li>• Seizures</li> <li>• Injection site reactions, including severe skin damage (necrosis)</li> <li>• Heart problems, including congestive heart failure</li> <li>• Blood problems and changes in your blood tests</li> <li>• Injury to small blood vessels, red blood cells and platelets (thrombotic microangiopathy), sometimes leading to death</li> <li>• Autoimmune diseases—easy bleeding or bruising, thyroid gland problems and autoimmune hepatitis</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Injectable treatments

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<p><b>Rebif®</b> (interferon beta-1a)</p> <p>EMD Serono, Inc / Pfizer, Inc</p> <p>Approval: 1998 US; 2002 CAN, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>22 mcg or 44 mcg subcutaneous (under the skin) injection three times per week</p> <p>Pregnancy: Data do not suggest a clear relationship between use and major congenital malformations, but may cause fetal harm based on animal data.</p>	<p>Most common side effects: Flu-like symptoms (chills, fever, muscle pain, fatigue, weakness, headache), injection site reactions (redness, pain, swelling)</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Behavioral health problems including depression and suicidal thoughts</li> <li>• Liver problems or worsening of liver problems including liver failure</li> <li>• Injection site problems, including skin damage (necrosis)</li> <li>• Low blood cell counts</li> <li>• Injury to small blood vessels, red blood cells and platelets (thrombotic microangiopathy), sometimes leading to death</li> <li>• Seizures</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Oral treatments

<p>Treatment (chemical name)</p> <p>Manufacturer</p> <p>FDA indications</p>	<p>Dose/Route of Administration</p> <p>Pregnancy, family planning &amp; breastfeeding</p>	<p>Side effects and warnings (black box warnings are noted in bold)</p>
<p><b>Aubagio®</b> (teriflunomide)</p> <p>Sanofi Genzyme</p> <p>Approval: 2012 US; 2013 CAN, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>7 mg or 14 mg pill by mouth once daily</p> <p>Pregnancy: <b>Contraindicated for use in pregnant women and in females of reproductive potential who are not using effective contraception because of the potential for fetal harm. Females should not take if they are pregnant or plan to become pregnant. Males should not take if their partner plans to become pregnant. Effective birth control should be used by males and females if either partner is taking Aubagio or still has Aubagio in their blood. Aubagio can remain in the blood for up to 2 years after stopping taking it. A healthcare provider can prescribe medication to lower Aubagio blood levels more quickly.</b></p>	<p>Most common side effects: Headache, hair thinning, diarrhea, nausea, abnormal liver tests</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• <b>Severe liver problems including death</b></li> <li>• Decrease in white blood cell count and more frequent infections</li> <li>• Numbness and tingling in the hands or feet that is different from MS symptoms</li> <li>• High blood pressure</li> <li>• Serious skin reactions that may lead to death</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>



## Oral treatments

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<p><b>Bafiertam™</b> (monomethyl fumarate)</p> <p>Banner Life Sciences</p> <p>Approval: 2013 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>95 mg capsule by mouth twice daily for 7 days and 190 mg twice a day thereafter</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Flushing, abdominal pain, diarrhea and nausea</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Herpes zoster (shingles) and other serious infections</li> <li>• Decreases in white blood count</li> <li>• Serious liver problems that may lead to death</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Gilenya®</b> (fingolimod)</p> <p>Novartis Pharmaceuticals</p> <p>Approval: 2010 US; 2011 CAN, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in patients 10 years and older.</p>	<p>0.5 mg capsule by mouth once daily for adults and children weighing greater than 40 kg or 0.25 mg once daily by mouth for children weighing less than or equal to 40 kg</p> <p>Pregnancy: May cause fetal harm based on animal data. Females who can become pregnant should use effective birth control during treatment and for 2 months after stopping</p>	<p>Most common side effects: Headache, flu, diarrhea, back pain, abnormal liver tests, sinusitis, abdominal pain, pain in extremities, cough</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Infections that may cause death. Do not receive any live vaccines during or for 2 months after stopping treatment. Children need to have completed their vaccination schedule before starting treatment with Gilenya</li> <li>• Progressive multifocal leukoencephalopathy (PML), a rare brain infection that usually leads to death or severe disability</li> <li>• A vision problem called macular edema that cause some of the same symptoms as an MS vision attack (optic neuritis). Having diabetes or having had inflammation of the eye (uveitis) may increase this risk</li> <li>• Swelling and narrowing of the blood vessels in your brain called Posterior Reversible Encephalopathy Syndrome (PRES) has happened rarely in adults may lead to stroke if left untreated</li> <li>• Shortness of breath</li> <li>• Severe worsening of multiple sclerosis symptoms after stopping treatment</li> <li>• Increased blood pressure</li> <li>• Types of skin cancer called basal cell carcinoma and melanoma</li> </ul>

## Oral treatments

<p><b>Treatment (chemical name)</b></p> <p><b>Manufacturer</b></p> <p><b>FDA indications</b></p>	<p><b>Dose/Route of Administration</b></p> <p><b>Pregnancy, family planning &amp; breastfeeding</b></p>	<p><b>Side effects and warnings (black box warnings are noted in bold)</b></p>
<p><b>Mavenclad®</b> (cladribine)</p> <p>EMD Serono, Inc.</p> <p>Approval: 2019 US; 2017 CAN for the treatment of relapsing forms of MS, to include relapsing-remitting disease and active secondary progressive disease, in adults. Because of its safety profile, use is generally recommended for those who have had an inadequate response to, or are unable to tolerate, an alternate drug indicated for the treatment of MS.</p>	<p>Tablet given by mouth in two treatment courses, once per year for two years. Each treatment course has two cycles, which are 4-5 days long and about one month apart. The exact dose will depend on your weight</p> <p>Pregnancy: <b>Contraindicated for use in pregnant women and in women and men of reproductive potential who do not plan to use effective contraception because of the risk of fetal harm</b></p> <p>It is not known if Mavenclad passes into your breast milk. Do not breastfeed on the days, on which you take Mavenclad and for 10 days after the last dose</p>	<p>Most common side effects: Respiratory infection, headache, low white blood cell count</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• <b>Increased risk of cancer (malignancy); do not take if you have cancer</b></li> <li>• Serious infections such as TB, hepatitis B or C, and shingles (herpes zoster). Fatal cases of TB and hepatitis happened during clinical studies</li> <li>• Liver problems</li> <li>• Complications with blood transfusions</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Oral treatments

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<p><b>Mayzent®</b> (siponimod)</p> <p>Novartis Pharmaceuticals</p> <p>Approval: 2019 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>Increases each day over 4-5 days to the ongoing (maintenance) dose of a 1 mg or 2 mg pill by mouth once daily. Your healthcare provider will do a blood test to determine whether you will take the 1 mg or 2 mg maintenance dose and give you specific instructions for increasing the dose each day to reach the maintenance dose.</p> <p>Pregnancy: May cause fetal harm based on animal data. Tell your healthcare provider right away if you become pregnant while taking Mayzent or if you become pregnant within 10 days after stopping Mayzent. Females taking Mayzent should use effective birth control during treatment and for 10 days after stopping Mayzent.</p>	<p>Most common side effects: Headache, high blood pressure, abnormal liver tests</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Infections that may cause death</li> <li>• A vision problem called macular edema that cause some of the same symptoms as an MS vision attack (optic neuritis). Having diabetes or having had inflammation of the eye (uveitis) may increase this risk</li> <li>• Slow heart rate (bradycardia or bradyarrhythmia), especially after the first dose</li> <li>• New or worsening shortness of breath, including during sleep</li> <li>• Types of skin cancer called basal cell carcinoma, melanoma and squamous cell carcinoma</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Oral treatments

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<p><b>Ponvory™</b> (ponesimod)</p> <p>Janssen Pharmaceuticals, Inc.</p> <p>Approval: 2021 US; for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>2mg pill by mouth on day one, increased incrementally to a maintenance dose of 20mg on day 15 taken once daily thereafter. Your healthcare provider will give you specific instructions for increasing the dose each day to reach the maintenance dose.</p> <p>Pregnancy: May cause fetal harm based on animal data. Women of childbearing potential should use effective contraception to avoid pregnancy during and for 1 week after stopping treatment.</p>	<p>Most common side effects: Upper respiratory tract infection, high blood pressure, abnormal liver tests</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Infections that may cause death</li> <li>• Slow heart rate (bradycardia or bradyarrhythmia), especially after the first dose</li> <li>• New or worsening shortness of breath, including during sleep</li> <li>• Types of skin cancer called basal cell carcinoma, melanoma and squamous cell carcinoma</li> <li>• A vision problem called macular edema. Having diabetes or having had inflammation of the eye (uveitis) may increase this risk</li> <li>• Serious side effects when used with some medications</li> </ul> <p>Read the <b>medication guide</b> (scroll to page 10) for a comprehensive overview of side effects and risks associated with this medication.</p>

## Oral treatments

<b>Treatment (chemical name)</b>  <b>Manufacturer</b>  <b>FDA indications</b>	<b>Dose/Route of Administration</b>  <b>Pregnancy, family planning &amp; breastfeeding</b>	<b>Side effects and warnings (black box warnings are noted in bold)</b>
<p><b>Tecfidera®</b> (dimethyl fumarate)</p> <p>Biogen</p> <p>Approval: 2013 US; 2013 CAN, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>120 mg capsule by mouth twice daily for one week, followed by 240 mg capsule twice daily thereafter</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Flushing (sensation of heat or itching and a blush on the skin), gastrointestinal issues (nausea, diarrhea, abdominal pain)</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Progressive multifocal leukoencephalopathy (PML), a rare brain infection that usually leads to death or severe disability</li> <li>• Herpes zoster (shingles) and other infections</li> <li>• Decreases in white blood cell counts</li> <li>• Liver problems</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Oral treatments

<b>Treatment (chemical name)</b>  <b>Manufacturer</b>  <b>FDA indications</b>	<b>Dose/Route of Administration</b>  <b>Pregnancy, family planning &amp; breastfeeding</b>	<b>Side effects and warnings (black box warnings are noted in bold)</b>
<p><b>Vumerity®</b> (diroximel fumarate)</p> <p>Biogen</p> <p>Approval: 2013 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>231 mg capsule by mouth twice daily for one week, followed by two 231 mg capsules taken twice daily thereafter</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Flushing (redness, itching, rash) and stomach problems (nausea, vomiting, diarrhea, stomach pain, indigestion)</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Progressive multifocal leukoencephalopathy (PML), a rare brain infection that usually leads to death or severe disability</li> <li>• Decreases in white blood cell count</li> <li>• Liver problems</li> <li>• Herpes zoster (shingles) and other serious infections</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Zeposia®</b> (ozanimod)</p> <p>Bristol Myers Squibb</p> <p>Approval: 2020 US, for the treatment of relapsing forms of multiple sclerosis, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, in adults.</p>	<p>0.23 mg capsule by mouth once daily for days 1-4, followed by 0.46 mg once daily for days 5-7, then increased to 0.92 mg once daily on day 8 and thereafter.</p> <p>Pregnancy: May cause fetal harm based on animal data. Females who can become pregnant should use effective birth control</p>	<p>Most common side effects: Upper respiratory tract infections, elevated liver enzymes, low blood pressure when you stand up (orthostatic hypotension), painful and frequent urination (signs of urinary tract infection), back pain and high blood pressure</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Slow heart rate (bradyarrhythmia) when starting treatment</li> <li>• Serious infections that can be life-threatening and cause death</li> <li>• Breathing problems</li> <li>• A vision problem called macular edema that cause some of the same symptoms as an MS vision attack (optic neuritis). Having diabetes or having had inflammation of the eye (uveitis) may increase this risk</li> <li>• Interaction with some medications</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

## Intravenous infusion treatments

<b>Treatment (chemical name)</b>  <b>Manufacturer</b>  <b>FDA indications</b>	<b>Dose/Route of Administration</b>  <b>Pregnancy, family planning &amp; breastfeeding</b>	<b>Side effects and warnings (black box warnings are noted in bold)</b>
<p><b>Lemtrada®</b> (alemtuzumab)</p> <p>Sanofi Genzyme</p> <p>Approval: 2014 US; 2014 CAN, for the treatment of relapsing forms of multiple sclerosis, to include relapsing remitting disease and active secondary progressive disease, in adults. Because of Lemtrada's safety profile, the FDA recommends that this medication generally be reserved for people who have had an inadequate response to two or more MS therapies.</p>	<p>12 mg per day intravenous infusion (a needle placed in your vein) for five consecutive days, followed by 12 mg per day on three consecutive days one year later</p> <p>Pregnancy: May cause fetal harm</p>	<p>Most common side effects: Rash, headache, fever, nasal congestion, nausea, urinary tract infection, fatigue, insomnia, upper respiratory tract infection, herpes viral infections, hives, itching, thyroid gland disorders, fungal infection, pain in joints, extremities and back, diarrhea, vomiting, flushing. Infusion reactions (including nausea, hives, itching, insomnia, chills, flushing, fatigue, shortness of breath, changes in the sense of taste, indigestion, dizziness, pain) are also common while the medication is being administered and for 24 hours or more after the infusion is over</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• <b>Serious, sometimes fatal, autoimmune conditions</b></li> <li>• <b>Serious and life-threatening infusion reactions</b></li> <li>• <b>Serious and life-threatening stroke</b></li> <li>• <b>Increased risk of cancer (malignancies)</b></li> <li>• A serious kidney problem called anti-glomerular basement membrane disease</li> <li>• Inflammation of the liver</li> <li>• Overactivity of the immune system (hemophagocytic lymphohistiocytosis) that can be fatal</li> <li>• A decrease in some types of blood cells</li> <li>• Increased risk of infections</li> <li>• Progressive multifocal leukoencephalopathy (PML), a rare brain infection that usually leads to death or severe disability</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>

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<p><b>Novantrone®</b> (mitoxantrone)</p> <p>Available only as a generic medication</p> <p>Approval: 2000 US for reducing neurologic disability and/or the frequency of clinical relapses in patients with secondary (chronic) progressive, progressive relapsing, or worsening relapsing-remitting multiple sclerosis (i.e., patients whose neurologic status is significantly abnormal between relapses)</p>	<p>12 mg/m<sup>2</sup> intravenous infusion (a needle placed in your vein) every 3 months. Lifetime cumulative dose limit of approximately 8–12 doses over 2–3 years (140 mg/m<sup>2</sup>)</p> <p>Pregnancy: May cause fetal harm when administered to a pregnant woman</p>	<p>Most common side effects: Nausea, hair loss, menstrual change, upper respiratory infection, urinary tract infection, mouth sores, irregular heartbeat, diarrhea, constipation, back pain, sinusitis, headache, blue-green urine</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Secondary acute myeloid leukemia (AML), a type of cancer, has been reported</li> <li>• Cardiotoxicity, specifically heart failure that can be fatal, that increases with the number of treatments</li> </ul> <p>Novantrone is rarely prescribed for MS. Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>
<p><b>Ocrevus®</b> (ocrelizumab)</p> <p>Genentech (a member of the Roche Group)</p> <p>Approval: 2017 US; 2013 CAN, for the treatment of relapsing forms of multiple sclerosis in adults, which include clinically isolated syndrome, relapsing-remitting disease (RRMS) and active secondary progressive disease, and primary progressive MS in adults.</p>	<p>600 mg intravenous infusion (a needle placed in your vein) every 6 months (first dose: 300 mg on day one and 300 mg 2 weeks later)</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Infusion reactions (most commonly itchy skin, rash, throat irritation, flushed face or fever, headache), which in rare instances may be life-threatening; increased risk of infections, including respiratory tract infections and herpes infections</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Hepatitis B reactivation that may cause serious liver problems including death</li> <li>• Decreased immunoglobulins (antibodies)</li> <li>• Risk of cancers (malignancies) including breast cancer</li> </ul> <p>Read the <b>medication guide</b> for a comprehensive overview of side effects and risks associated with this medication.</p>



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<p><b>Tysabri®</b> (natalizumab)</p> <p>Biogen</p> <p>Approval: 2004 US, as a monotherapy (not in combination with any other MS disease-modifying treatment or other immune suppressant drugs) for the treatment of relapsing forms of MS, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.</p>	<p>300 mg intravenous infusion (a needle placed in your vein) once every 28 days. Must take place in an approved infusion facility</p> <p>Pregnancy: May cause fetal harm based on animal data</p>	<p>Most common side effects: Headache, fatigue, joint pain, chest discomfort, urinary tract infection, lower respiratory tract infection, gastroenteritis, vaginitis, depression, pain in extremity, abdominal discomfort, diarrhea, and rash</p> <p>Possible serious side effects:</p> <ul style="list-style-type: none"> <li>• Progressive multifocal leukoencephalopathy (PML), a rare brain infection that usually leads to death or severe disability. Risk of getting PML is higher if you have been infected by the John Cunningham Virus (JCV), have been on Tysabri for a long time, or have received certain medicines that can weaken your immune system</li> <li>• Herpes infections that may increase the risk of getting an infection of the brain or the covering of the brain and spinal cord (encephalitis or meningitis)</li> <li>• Weakened immune system and higher risk of infections</li> <li>• Liver damage</li> <li>• Low blood platelet counts</li> </ul>

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Early and ongoing treatment with an FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your healthcare professional and contacting the Society at **[nationalMSSociety.org](https://www.nationalmssociety.org)** or 1-800-344-4867.

The Society publishes many other resources about various aspects of MS. Visit **[nationalMSSociety.org/brochures](https://www.nationalmssociety.org/brochures)** or call 1-800-344-4867.

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The National MS Society, founded in 1946, funds cutting-edge research, drives change through advocacy, and provides programs and services to help people affected by MS live their best lives. Connect to learn more and get involved: **[nationalMSSociety.org](https://www.nationalmssociety.org)**, **Facebook**, **Twitter**, **Instagram**, **YouTube** or 1-800-344-4867.



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