Cooling Equipment Information

To help you address the heat-related effects of MS, many companies have designed cooling garments & other types of equipment, including cooling vests, wrist/ankle/neck wraps, hats/caps and misters. To select the appropriate cooling equipment for your individual needs, consider the following:

- What is the cooling garment made of? What is its total cooling time?
- What is the garment’s weight? Is it designed to fit under or over regular clothing?
- As the garments utilize different types of cooling mechanisms (e.g., ice/gel packs, evaporative cooling, phase-change), which works best in your specific climate? Explore each option [here](#).
- For further details, view the National MS Society's [Summer Guide to Managing Heat & MS](#) and ActiveMSers.org’s [Cooling Gear Buying Guide](#), with product reviews & discount codes. For more cooling strategies, also visit the National MS Society’s [Heat & Temperature Sensitivity](#) page.
- Will your health insurer cover this item? If coverage for cooling vests/equipment is offered, it will typically be found under the durable medical equipment benefit. If your health insurer denies the initial request, view instructions on [filing a health insurance appeal or exception request](#), as well as [view a sample cooling equipment appeal letter](#).

### National Vendor List

<table>
<thead>
<tr>
<th>National Vendor</th>
<th>Available Items</th>
<th>Website</th>
<th>Phone Number</th>
</tr>
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<tbody>
<tr>
<td>Cool-eez (based in Florida)</td>
<td>ICEpodz - instant, rapid wearable cooling for the neck</td>
<td>icepodz.com</td>
<td>941-914-6739</td>
</tr>
<tr>
<td>Glacier Tek (based in Minnesota)</td>
<td>eco-friendly cooling vests &amp; cooling packs</td>
<td>glaciertek.com</td>
<td>800-482-0533</td>
</tr>
<tr>
<td>Misty Mate (based in Arizona)</td>
<td>eco-friendly personal and patio misting systems &amp; cooling apparel</td>
<td>mistymate.com</td>
<td>(email preferred) <a href="mailto:support@mistymate.com">support@mistymate.com</a></td>
</tr>
<tr>
<td>OnyxCool (based in Minnesota)</td>
<td>cool therapy wraps &amp; vests</td>
<td>onyxcool.com</td>
<td>651-212-6600</td>
</tr>
<tr>
<td>Opal Cool (based in Minnesota)</td>
<td>cool therapy wraps, vests, back/hip/core coolers and cooling bra inserts</td>
<td>opalcool.com</td>
<td>651-212-6600</td>
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The National Multiple Sclerosis Society (“Society”) does not endorse products, services or manufacturers. Such names appear here solely because they are considered helpful information. The Society assumes no liability for the recipient’s use of any product or service mentioned. The Society does not independently verify whether the information provided by each service provider is accurate. The Society undertakes no responsibility to verify whether the service provider is appropriately licensed and certified and has applicable insurance coverage.

The National Multiple Sclerosis Society is proud to be a source of information on multiple sclerosis related topics. The information provided is based on professional advice, published experience, and expert opinion, but does not constitute medical or legal advice. For specific medical advice, consult a qualified physician. For specific legal advice, consult a qualified attorney.  Rev.7.7.21

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| Oro Sports (formerly Coolture) *(based in New York)*  
*Use PROMO CODE ‘NMSSVEST’ for preferred pricing* | cooling vests & accessories | orosportsusa.com | 716-281-0080 |
| Polar-Products *(based in California)*  
*Use PROMO CODE ‘NMSS18’ for a 15% discount + a free Polar Cool Tie with every order* | cooling vests & accessories | polar-products.com | 800-597-0618 |
| Polar Products, Inc. *(based in Ohio)*  
*Use PROMO CODE ‘NMSS00’ for a 10% discount* | cooling vests, hats, and accessories | polarproducts.com | 800-763-8423 |
| StaCool Vest *(based in Florida)*  
* *(based in Florida)* | cooling vests | stacoolvest.com | 866-782-2665 |
| Steele Cooling Vests *(based in Washington)*  
*Use PROMO CODE ‘NMSS2021’ for a 10% discount (min. $20 order)* | cooling vests & accessories | steelevest.com | 888-783-3538 |
| Thermapparel *(based in New York)*  
*Use PROMO CODE ‘Undercool’ for a 10% discount* | concealable and lightweight cooling vests designed for MS | thermapparel.com/health | 855-232-7233 |

**MS Navigator Assistance:**

If you are not able to obtain cooling equipment through health insurance, the National MS Society may be able to assist by providing financial assistance toward the cost of the equipment. If you feel you could benefit from this assistance, please reach out to a National MS Society MS Navigator at 1-800-344-4867 or online for a more comprehensive discussion and assessment about your needs, available resources and potential financial assistance from the Society.

**Additional resources** for assistance with cooling products include:

- **MS Association (MSAA)**: 800-532-7667 or mymsaa.org/msaa-help/cooling-products/
- **MS Foundation (MSF)**: 888-673-6287 or msfocus.org/Get-Help/MSF-Programs-Grants/Cooling-Program (Feb 1 – Jun 1 only)