



The health and safety of staff, volunteers, and our communities is our top priority as we move through the Covid pandemic together. The National MS Society would like you to be aware of the following safety guidelines and agreements prior to our meeting. **By joining this meeting today, you agree to follow our requirements for a safe meeting.**

As an attendee, I verify the following:

- *I will adhere to all Society Safety Protocol:*
 - *Monitor your own health. If you are not feeling well, you will stay home.*
 - *A facial covering is required (except when I'm eating or drinking).*
 - *Wash your hands routinely and use hand sanitizer when available.*

- *I understand the contagious nature of COVID-19 and I assume all risk associated with attending this event, including being exposed to COVID-19, and I waive the National Multiple Sclerosis Society from all liability therewith.*

If you are uncomfortable coming together in person, there are many groups that are meeting virtually. Please visit www.nmss.org to find a group that meets your needs.